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INTRODUCTION

Dear Readers,

We are delighted to present our latest newsletter and hope you enjoy reading it. In this edition, you will get a glimpse into the lives and academic journeys of some of our current students.

First, we would like to introduce you to Vebi and Maura, two of our junior high school scholars from Ende, Flores. Moving on to our university students in Yogyakarta, you will meet Siska, who is studying Guidance and Counseling. You will also meet Vio, who is pursuing Catholic Religious Education, and Zaka, who is training to become an elementary teacher; Rohit who is studying in Economics and Tasya in Biology. All of our university scholars are pursuing their degrees at Sanata Dharma University, an institution run by the Jesuits.

You will also discover how the FCJ Charity Project Team is walking alongside families with disabilities, helping them navigate daily and economic challenges through their black garlic-making initiative.

You will also see how we continually strive to live out our commitment to caring for the Earth. We involve our scholarship students in environmental efforts by teaching them to process organic waste into eco-enzymes, which are then further developed into eco-friendly bath soap and laundry detergent.

The vital work of the FCJ Charity Project in Indonesia is only possible thanks to the immense generosity of our donors. We offer our heartfelt thanks to all of you who support our efforts and accompany these young people in shaping their futures.

VEBIANA RAJA

Hello, let me introduce myself. My name is Vebiana Raja. I am from Ende, Nusa Tenggara Timur. I am studying at Ndonga Junior High School and I am in 9th grade.



My mother's name is Elisabet Melisa and my father's name is Bruno Raja. I have two older siblings, one brother and one sister. My older brother's name is Aloysius Nong Raja, and my older sister's name is Martina Wiwin Raja. Sadly, my older sister passed away two years ago.

My older brother has already graduated from high school, and I am now the only one still in school. We were born and raised in a simple and loving family, always happy and harmonious. My father works as a farmer, and my mother is a housewife.

I want to thank my parents and the FCJ Sisters for giving me the opportunity to study. May my family and the FCJ sisters always be blessed with good health and abundant blessings. May we always be surrounded by many good people.

The FCJ sisters have taught me many things. I have learned many new skills from taking part in activities with them.

Here are some of the things I have learned:

- How to manage time effectively
- How to be responsible with the work assigned to me
- How to recycle waste into something useful, such as making eco-bricks and other things.

I really have enjoyed participating in activities that the FCJ Sisters have arranged outside of school hours. I have made many new friends and I have learned how to socialize and communicate better with others.

I am very grateful to the FCJ Sisters for obtaining a scholarship for me and also to my parents who have tried so hard to provide me with a good education.



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MAKRIANA WEA

My Daily Life and Activities

My name is Makriana Wea. I was born in Ende on March 10th 2012. I am studying in Junior High School in Ende, grade seven. Our family live in Ende Flores. My father works as a motorcycle taxi driver and my mother is a housewife. I come from a simple and warm family.

I wake up early in the morning and then help my mother with chores like tidying my room and cleaning the house. My daily life is filled with school activities. At school, I have responsibilities like classroom chores, reading books in the library and sometimes, teaching and learning activities. I learn new things in the school like traditional dancing from Ende. In the afternoon after school, I have time to play. In the evening, I do my homework and extra study.

I participate actively in church. Church is an important part of my life. I regularly attend Mass, I am an altar server, and I help with Sunday School. In Church I learn about teamwork and discipline.

I am grateful for the support of my parents and of the FCJ Sisters. My involvement in school and Church helps me to grow into a responsible and useful person for my family and my community. I hope that every day I grow and become a better person.



FRANSISKA PAULA PUTRI LIANI



My name is Fransiska Paula Putri Liani, and I am usually called Siska. I am the second of two children born to Mr. Yohanes Yuliawan and Mrs. Vincensia Tatik. I was raised in a simple yet warm and loving family. My father works at the FCJ Sisters' convent, and my mother is a housewife. My two hobbies are cycling and singing—two simple activities that teach me about balance and happiness.

I have an older sister who is currently in college; she is my only sibling. Although we bicker almost every day, we often share stories and spend our spare time together. As the younger sister, I truly admire her. She is a diligent student who studies tirelessly, providing an example that has quietly instilled a spirit of perseverance within me.

Despite our modest life, both of my parents work every day. My father and mother struggle tirelessly to earn a living, fund my sister's and my university education, and meet all our household needs. They do all of this with great love, without ever complaining in front of us. There was a time when I intended to look for work. This wasn't because I was unhappy with college, but simply because I wanted to lighten my parents' burden. However, they gently told me, "Child, focus on your college and your studies. That is already the most beautiful form of help you can give." Since then, in addition to pursuing my studies in the Guidance and Counselling Study Program in the Faculty of Teacher Training and Education, Sanata Dharma University Yogyakarta, I have also been active in various campus activities. This is not just to fill my spare time, but as a way to practice time management, hone my social skills, and build a resilient character. I believe that within every positive activity, there are invaluable life lessons to be found.



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GREGORIUS VIO DOLOROSA

My name is Gregorius Vio Dolorosa, though most people call me Vio. I am the eldest of two siblings. My mother's name is Theresia Poniyem, she is 41 years of age. Sadly, my father is dead, his name is Yosep Giadi. I grew up in a modest family where my parents worked as rubber farmers. I have a deep passion for photography, videography, and video editing; however, I haven't yet been able to fully develop these hobbies due to our family's financial constraints.



My father's died in 2020 at the age of 43 due to heart disease. While he was ill, my mother fought tirelessly to fund his treatment. Since his death, she has managed our family's farm entirely on her own. There are times when she has to borrow money just to meet our daily needs. To me, my mother is an incredible woman. She faces every obstacle without complaint to ensure the happiness of my younger sister and me. She even gave me her full support when I expressed my wish to pursue a university education.

Initially, I planned to work for a year before going to university to save up for my tuition. However, my mother worried that if I delayed, my motivation to study might fade. Despite our financial struggles, she committed to supporting my education. She hopes that once I graduate, I will be able to find a good job and help her put my sister through school. Because of her immense love, she never pressures me to find a part time job to cover my daily expenses; she only asks that I focus on my studies.

Despite her wishes, I feel a strong responsibility to ease her burden. In addition to studying diligently in the Catholic Religious Education Program at Sanata Dharma University, I work as a parking attendant on campus to earn pocket money for my daily needs.

I also spend my free time volunteering for social activities at Perkampungan Sosial Pingit with the Realino Foundation. I am currently very grateful to receive assistance from donors through the FCJ Sisters Project, which helps cover my living expenses. Through the guidance of the FCJ Sisters, I feel as though I have found a second family while being far away from home.

ZAKARIAS WAMENAREYAU

My name is Zakarias Wamenareyau, I am usually known as Zaka. I am the fourth of five children. My father, Yosep Wamenareyau, is a civil servant, and my mother, Emiliana Yanggam, works as a contract employee. I come from Merauke in the Province of South Papua.

After graduating from high school, I received a scholarship from the Asmat Regional Government to pursue a degree in Elementary Teacher Education at Sanata Dharma University in Yogyakarta. Once I complete my studies, I plan to return to my hometown to serve as a teacher there. Alongside my academic responsibilities, I stay active by participating in various activities, including playing five-a-side football.

While studying in Yogyakarta and being far from my family, I have received assistance to meet my daily needs through the FCJ Sisters' Project. I would like to express my deepest gratitude to the donors who have so sincerely provided the support needed to ease my financial burden. I am committed to making the best possible use of the assistance the donors have given me by being a dedicated student and striving to be of service to others.

My thanks go to the FCJ Sisters and all the donors. May you always be blessed in all your efforts and your work.





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RENELIUS ROHIT

A Short Letter to FCJ Sisters, Friends and Benefactors

Let me introduce myself. My name is Renelius Rohit, and I come from Mentawai, West Sumatra. I was the recipient of a scholarship from the Project run by the FCJ Sisters, and during this time I studied at Sanata Dharma University. Through this short piece, I would like to share my reflections on my journey over the four years I have been part of the FCJ Sisters family.



During my scholarship, I received not only financial assistance but also the opportunity to learn about responsibility and independence. I am deeply grateful for every step I have taken with the FCJ Sisters. Many simple lessons were taught by them, and they have had a profound meaning in my life. Values such as perseverance, honesty, simplicity, and caring for others have become part of who I am today. I realize that what I learned with the FCJ Sisters is not just for now, but will continue to stay with me throughout my life's journey.

My deepest gratitude goes to the entire FCJ community who welcomed me into their family. They accompanied and guided me, helped me along the way and always encouraged me to keep trying without giving up. Their warmth, prayers, and support have made me feel like I have a second home.

In closing, I would like to share that if the FCJ Sisters ever need assistance and I have the opportunity, I will gladly be ready to assist. May this togetherness not end here, but continue in a different story in the future.





ERNI TASYA GIAWA

Empowering Dreams: Tasya's Journey

My name is Erni Tasya Giawa, but most people call me Tasya. I grew up in a modest family as the seventh of eight children. My father works as a labourer, taking on whatever jobs he can find to earn a modest daily income. My mother is currently unable to work as ever since I was a child she has been struggling with poor health. Because of these circumstances, my parents' ability to support my siblings and me financially is very limited. However, this reality has instilled in all of us a profound desire to study hard and work diligently to support our family.

Currently, I am in my fourth semester studying to be a Biology Teacher in Sanata Dharma University Yogyakarta. Beyond my academic life, I am an active member of several campus organizations. These experiences have taught me to be a responsible and accountable student, to have effective communication and social skills, to have empathy for others, to respect diverse perspectives, and to grow from constructive criticism and feedback.

I am also involved in a program led by the FCJ Sisters, where I focus on developing my teaching skills. My mission is to ignite a love for learning in children and encourage them to grow. In this program, I engage children through teaching basic numeracy and literacy. I like to teach the alphabet and reading. I use educational films, interactive puzzles, team-based word games and quizzes to foster collaboration and mutual respect. This experience has been invaluable, allowing me to see firsthand how my degree in education applies to real-world teaching. It has taught me patience and how to handle diverse personalities. More importantly, it has deepened my desire to help children succeed—not just academically, but also in developing core values like respect and courtesy.



A Note of Gratitude

The charity work of the FCJ Sisters has been a lifeline for me, helping me cover daily necessities such as meals, transportation, and college expenses. This support is what allows me to continue my studies despite my family's economic limitations.

I would like to express my deepest gratitude to the donors who have so generously given of themselves. I am committed to making the best use of this opportunity to become a dedicated student and, one day, a person who can give back to society. My heartfelt thanks also go to the FCJ Sisters for their incredible dedication to my education. May the sisters and all the donors be continually blessed in every endeavour and in the work they do.





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BLACK GARLIC: HOPE AND INDEPENDENCE FOR FOUR FAMILIES OF CHILDREN WITH CEREBRAL PALSY ASSISTED BY THE FCJ SOCIAL WORK TEAM – YOGYAKARTA

Black garlic is a small business initiative carried out by four families of children with cerebral palsy (CP) who are assisted by the FCJ Sisters' Social Work Team. This initiative was created to help them overcome economic challenges and the struggles of daily life. Through the production of black garlic, these families are gradually building hope, independence, and a renewed spirit for their future.

This business was born out of concern to assist families who often face difficulties in obtaining stable jobs and sufficient income. With full support and guidance, we help them develop simple yet economically valuable skills. Black garlic production was chosen because the process can be done from home using relatively simple technology, allowing them to continue caring for their families, especially family members with cerebral palsy (CP).



Through this small business, those involved have learned that even simple work can bring great benefits to many people. They are also encouraged to realize that they have endless abilities, creativity, and opportunities to grow. Therefore, the black garlic initiative is not merely an economic activity, but also a way to build self-confidence, strengthen the spirit of independence, and nurture a life of dignity and hope.

Sr. Meita, FCJ





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TRANSFORMING WASTE INTO BLESSINGS

FCJ Sisters' Project Scholarship Recipients Take Action to Heal the Earth with Eco-Enzyme.

Amidst rising concerns over environmental pollution from household waste and a high dependency on factory-made chemical products, our scholarship students have taken a stand.

They are demonstrating real action by learning to create eco-enzyme and processing it into eco-friendly laundry detergent and body soap. This initiative is a mission to reduce their carbon footprint and promote sustainable living.

Turning Waste into Valuable Products
The activity is divided into three main stages:

- **Eco-Enzyme Production:** Fermenting fruit peel, molasses and water for three months.
- **Eco-Friendly Laundry Detergent:** Mixing eco-enzyme with MES (Methyl Ester Sulfonate) to create a detergent that is powerful against grease yet gentle on hands and safe for aquatic ecosystems.
- **Natural Body Soap:** Combining plant-based oils (such as coconut and olive oil) with eco-enzyme and lye. The result is a nutrient-rich soap for the skin that is paraben-free and environmentally friendly.

A Positive Impact for Students and the Earth

This activity brings significant benefits to our students:

- **Financial Independence:** Students can reduce monthly expenses by providing for their own sanitary needs rather than by buying factory-made products.
- **Health and Safety:** The products are free from harsh chemicals like SLS (Sodium Lauryl Sulfate) and phosphates, which often trigger skin allergies.
- **Environmental Preservation:** Wastewater containing eco-enzyme helps purify drainage systems and neutralize pollutants in rivers.





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TRANSFORMING WASTE INTO BLESSINGS

Cultivating a Spirit of Environmental Stewardship

For these scholarship recipients, this activity is a form of moral responsibility toward society. As young intellectuals, they are learning to be sensitive to environmental issues. By switching to eco-enzyme products, they have taken a tangible step toward caring for our planet.

We hope this small movement will inspire the campus community and the wider public to consider green, sustainable cleaning alternatives. Let us start with ourselves, start with the small things, and start right now.

Thank you for your continued support in empowering these students to become responsible leaders and stewards of the Earth.

Sr. Agnes Dini, FCJ



Hand made
Eco Friendly Body Soap & Laundry Detergent